

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 March 2025 East						
						Gerry W Birthday 1:30 Home Makers Club (EDR) 2:45 Walking Club
10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Chair Exercises (EDR) 2:45 Trivia (S)	Lola A Birthday 9:45 Colouring and Music (S) 11:00 Building Club (EDR) 1:30 Balloon Bop (EDR)	9:45 Social Dance (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Spa Time (EDR) 1:30 Home Makers Club (S) 2:45 Mardi Gras Games (S) 6:15 Pals Visit Mardi Gras	9:45 Chair Yoga (EDR) 11:00 Group Sensory (EDR) 1:30 Garden Club (S) 2:45 Baking Time: Blueberry Buttermilk Muffins (S)	9:15 Hot Towel Service(EDR) 10:00 Doll Therapy (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Ice Cream Social (EDR) 2:45 Stretch and Flex (S)	9:45 Brain Games (EDR) 10:30 Prayer Circle (CH) 11:00 Memory Moments (S) 1:00 Friendship Visits (W) 2:30 Scripture Reading (S)	9:45 Home Makers Club (EDR) 11:00 Walking Club
9:45 Chair Exercises (EDR) 11:00 Word Games (EDR) 2:30 Redeemed Christian Church of God (CH) Daylight Saving Time Begins	9:45 Colouring and Music (S) 11:00 Men's Club (S) 1:30 Balloon Bop (EDR) 2:15 Music with Lori (EDR)	9:45 Ladder Golf (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Spa Time (EDR) 1:30 Home Makers Club (S) 2:45 Fresh Bread Social (EDR) 3:00 Hymn Sing(EDR) 3:30 Friendship Visits (W)	9:45 Chair Yoga (EDR) 11:00 Group Sensory (EDR) 1:30 Garden Club (S) 2:45 Bingo (S)	Stephen F Birthday 9:15 Hot Towel Service(EDR) 10:00 Entertainment from Luke Dauphinais (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Watergate Salad Social (EDR) 2:45 Stretch and Flex (S) Purim Begins	9:45 Brain Games (EDR) 11:00 Memory Moments (S) 2:30 Scripture Reading (S)	1:30 Home Makers Club (EDR) 2:45 Stretch and Flex (S)
10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Chair Exercises (EDR) 2:45 Trivia (S)	Wear Green 9:45 Colouring, Music, and Lucky Stickers (S) 11:00 Building Club (EDR) 1:30 Shamrock Shake St Patricks Day Social (EDR) St. Patrick's Day	9:45 Ball Games (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Spa Time (EDR) 1:30 Pottery Painting (EDR) 3:30 Friendship Visits 6:15 Pals Visit	9:45 Chair Yoga (EDR) 10:00 Resident Council Meeting (DR) 11:00 Group Sensory (EDR) 1:30 Entertainment from Merrill Lepp (EDR) 2:45 Garden Club (S)	9:15 Hot Towel Service(EDR) 10:00 Doll Therapy 10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Baking Time: Reese's Brownies (S) 3:30 Fresh Baked Brownie Social (EDR) Spring Begins	9:45 Brain Games (EDR) 11:00 Memory Moments (S) 2:30 Scripture Reading (S)	9:45 Home Makers Club (EDR) 11:00 Walking Club
9:45 Chair Exercises (EDR) 11:00 Word Games (EDR) 2:30 Peace Lutheran Church (CH)	9:45 Colouring and Music (S) 11:00 Men's Club (S) 1:30 Balloon Bop (EDR)	9:45 Hockey (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Spa Time (EDR) 1:30 Home Makers (EDR) 3:00 Hymn Sing (EDR)	9:45 Chair Yoga (EDR) 11:00 Group Sensory (EDR) 1:30 Birthday Party with Harold Fast (EDR) 2:45 Stretch and Flex (S)	Eileen W Birthday 9:15 Hot Towel Service(EDR) 10:00 Doll Therapy 10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Country Drive (O)	9:45 Brain Games (EDR) 11:00 Memory Moments (S) 1:00 Friendship Visits (W) 2:30 Scripture Reading (S)	1:30 Home Makers Club (EDR) 2:45 Stretch and Flex (S)
10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Chair Exercises (EDR) 2:45 Trivia (S)	Maria L Birthday 9:45 Calendar Distribution (W) 11:00 Building Club (EDR) 1:30 Dance Party with Calgary Teachers (EDR) 1:30 Visits with Calgary Teachers (S)					

The calendar is subject to change. Please check the whiteboard for the most up to date information

EDR-East Dining Room DR-Dining Room S-Sunroom L-Lobby W-Walk through
O-Outing NDR-North Dining Room **Bold**- Special Event *Italic*- Special Vendor