

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025



ASHWOOD/BIRCHWOOD (2nd FLOOR)

							11:00 – Friendly Visits (Rm to Rm) *2:00 – Hand in Hand w/God (Library)
2 <i>Volunteer Programs</i> *10:30 – Interdenominational Newgate Church Service (Chapel) Groundhog Day	3 10:00 – Exercises (Ash) *10:00 – Balloon Volley (Birch) 11:15 – MLA Chat & Coffee (Great Rm) * 1:30 – Horse Races (Ash) 1:30 - Sensory Stim (Birch) 3:00 – Floor Games (Ash) *3:30 – Bible Study (Library)	4 10:00 – Sing along (Birch) 11:00 – Current Events (Ash) *11:00 – Rosary (Chapel) 1:30 – Music Bingo (Ash) 3:00 – New Resident Welcome Tea (Great Room)	5 10:00 – Balloon Volley (Birch) *10:30 – Mass (Chapel) 11:00–Search The Word (Ash) 1:30 – Gardening Bee (Ash) 3:00 – Spa Time (Birch)	6 10:00 – Exercises (Ash) *11:00 – Rosary (Chapel) 11:30 – Music Therapy (Birch) 2:00 – Happy Hour w/ Luke D (Ashwood)	7 10:00 – Balloon Volley (Birch) *10:30 – Mass (Chapel) 11:00 – Hangman (Ash) 1:30 – Bingo (Ash) 3:00 – Puzzles & Coloring (Birch)	8 10:00 – Mini Cupcakes (2nd Floor) *2:00 – Hand in Hand w/God (Library)	
9 <i>Volunteer Programs</i> *10:30 – Mass (Chapel)	10 *10:00 – Balloon Volley (Birch) 11:00 – You be the Judge (Ash) *1:00 – Music w/ Lori (Birch) * 1:30 – Horse Races (Ash) 3:00 – Floor Games (Ash) *3:30 – Bible Study (Library)	11 10-12- Vendor - Q over Q Sweets (Great Room) 10:30 – Health Arts Society Cello & Violin (Chapel) *11:00 – Rosary (Library) 1:30 – Card Bingo (Ash) 3:00 – Short Stories (Birch)	12 10:00 – Music w/ Jeff (Birch) *10:30 – Mass & Anointing of the sick (Chapel) 12:00 – Pizza Luncheon (pls sign up) Library \$\$ 2:00 – Resident Council (Ashwood) 2:15 – 1:1 Visits (Rm/Rm) 3:00 – Spa Time (Birch) Tu B'Shevat Begins	13 10:00 – Exercises (Ash) *11:00 – Rosary (Chapel) 11:30 – Music Therapy (Birch) 1:30 – Resident's Choice (Ash) 3:00 – Steel Drums (Birch)	14 10:00 – Name that Tune of Heartbreak (Birch) *10:30 – Mass (Chapel) 11:00 – Hangman (Ash) 2:00 – Valentines Party w/ Matt Beatty (Ashwood) Valentine's Day	15 11:00 – Friendly Visits (Rm to Rm) *2:00 – Hand in Hand w/God (Library)	
16 <i>Volunteer Programs</i> *10:30 – Interdenominational Newgate Church Service (Chapel)	17 FAMILY DAY HOLIDAY Presidents' Day (U.S.)	18 11:00 – Current Events (Ash) *11:00 – Rosary (Chapel) 3:00 – Short Stories (Birch)	19 10:15 – City Drive Outing (Pls sign up) \$\$ *10:30 – Mass (Chapel) 1:30 – Armchair Travel "Dubai" (Ashwood) 3:00 – Spa Time (Birch)	20 10:00 – Exercises (Ash) *11:00 – Rosary (Chapel) 11:30 – Music Therapy (Birch) 2:00 – Happy Hour - Recreation Therapy Month 70s Party (Ashwood)	21 10:00 – Music w/ Jeff (Birch) *10:30 – Mass (Chapel) 11:00 – Hangman (Ash) 1:30 – Bingo (Ash) 3:00 – Puzzles & Coloring (Birch)	22 10:00 –Board Games & Hot Chocolate (2nd Floor) *2:00 – Hand in Hand w/God (Library) *3:00 – Eldar on Piano (Great Room)	
23 <i>Volunteer Programs</i> *10:30 – Mass (Chapel) 2:30 – Calgary Music Academy (Chapel)	24 10:00 – Exercises (Ash) *10:00 – Balloon Volley (Birch) 11:00 – Jeopardy (Ash) *1:00 – Music w/ Lori (Birch) * 1:30 – Horse Races (Ash) 1:30 - Sensory Stim (Birch) 3:00 – Floor Games (Ash)	25 10:00 – Sing along (Birch) 11:00 – Current Events (Ash) *11:00 – Rosary (Chapel) 1:30 – Music Bingo (Ash) 3:00 – Short Stories (Birch)	26 10:00 – Sing along w/ Jeff (Birch) *10:30 – Mass (Chapel) 11:00–Search The Word (Ash) 2:00 – Birthday Party w/ The Chandeliers (Ashwood)	27 Calendar Delivery 10:00 – Exercises (Ash) *11:00 – Rosary (Chapel) 11:30 – Music Therapy (Birch) 1:30 – Tasty Treat – Cold Cuts on a Stick (Ashwood) 3:00 – Steel Drums (Birch)	28 10:00 – Balloon Volley (Birch) *10:30 – Mass (Chapel) 1:30 – Bingo (Ash) Ramadan Begins	FEBRUARY IS RECREATION THERAPY MONTH 	