

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2025

West



**1**  
9:45 Stretch and Flex (WDR)  
11:00 Library Cart  
1:30 Resident Run  
Colouring(WDR)  
**2:30 Music from Mary Resek (WDR)**

**2**  
9:45 Group Sensory (WDR)  
10:45 Spelling Bee (S)  
10:45 Rosary (CH)  
11:00 Mass (CH)  
1:30 Resident Run Knitting (S)  
  
Groundhog Day

**3**  
1:30 Colouring (WDR)  
Resident Run  
1:30 Brews and Bros (men only) (S)  
**3:00 Music from Roli Mack (EDR)**

**4**  
10:30 Balloon Bop (WDR)  
10:45 Rosary (CH)  
11:00 Mass (CH)  
**1:30 Bus Trip to Dairy Queen (O)**  
3:00 Hymn Sing (WDR)  
6:45 Pals Visit

**5**  
10:30 Word Games  
**1:30 Chat with MLA Myles McDougal (L)**  
3:00 Scripture Reading (CH)  
3:15 Tai Chi (WDR)

**6**  
10:30 Doll Therapy (WDR)  
10:45 Rosary (CH)  
11:00 Mass (CH)  
1:30 Home Makers Club  
3:00 Social Hour (L)  
3:30 Independent Activity Rounds

**Ruby S Birthday** **7**  
10:30 Coffee and News (S)  
**10:30 Prayer Circle (CH)**  
2:00 Bingo (DR)  
3:45 Friendship Visits

**8**  
1:30 Resident Run  
Colouring(WDR)  
1:30 Armchair Travel (S)  
2:45 Trivia (S)

**Dave R Birthday** **9**  
1:30 Chair Exercise (WDR)  
1:30 Resident Run Knitting (S)  
2:30 Peace Lutheran Church (CH)  
**2:30 Superbowl Tailgate Party (L)**

**10**  
10:30 Men's Club(S)  
1:30 Knitting and Colouring (WDR) Resident Run  
1:30 Brews and Bros (men only) (S)  
3:30 Fresh Bread Social (WDR)

**11**  
10:30 Balloon Bop (WDR)  
10:45 Rosary (CH)  
**11:00 Mass: World Day of the Sick-Sacrament of the Sick (CH)**  
3:30 Rummikub (S)

**Pauline A Birthday** **12**  
10:30 Word Games  
**1:30 Culinary Club: Pickle and Ham Roll Ups (S)**  
3:00 Scripture Reading (CH)  
3:30 Walking Club  
  
Tu B'Shevat Begins

**13**  
10:45 Rosary (CH)  
11:00 Mass (CH)  
**1:30 Smoothie Social (WDR)**  
3:00 Social Hour (L)

**14**  
10:30 Coffee and News (S)  
**2:30 Valentines Day Hearts and Flowers Tea with the Rotary Partners (DR)**  
3:45 Friendship Visits  
  
Valentine's Day

**15**  
9:45 Stretch and Flex (WDR)  
11:00 Library Cart  
1:30 Resident Run  
Colouring(WDR)

**16**  
9:45 Group Sensory (WDR)  
10:45 Spelling Bee (S)  
10:45 Rosary (CH)  
11:00 Mass (CH)  
1:30 Resident Run Knitting (S)

**17**  
1:30 Knitting and Colouring (WDR) Resident Run  
  


**18**  
10:30 Balloon Bop (WDR)  
10:45 Rosary (CH)  
11:00 Mass (CH)  
1:30 Garden Club (S)  
3:00 Hymn Sing (WDR)  
3:30 Name that Tune (S)  
6:45 Pals Visit

**19**  
**10:00 Resident Council Meeting (DR)**  
10:30 Word Games(S)  
**2:00 Happy Gang Choir (DR)**  
3:00 Scripture Reading (CH)  
3:15 Tai Chi (WDR)

**Donna R Birthday** **20**  
10:30 Doll Therapy (WDR)  
10:45 Rosary (CH)  
11:00 Mass (CH)  
1:30 Bowling  
3:00 Social Hour (L)  
3:30 Independent Activity Rounds

**Patti Rae B Birthday** **21**  
10:30 Coffee and News (S)  
2:00 Bingo (DR)  
3:45 Friendship Visits

**22**  
1:30 Resident Run  
Colouring(WDR)  
1:30 Armchair Travel (S)  
2:45 Trivia (S)

**23**  
1:30 Chair Exercise (WDR)  
1:30 Resident Run Knitting (S)  
2:30 St. Pauls Anglican (CH)  
2:45 Name That Tune (S)

**24**  
1:30 Knitting and Colouring (WDR) Resident Run  
1:30 Brews and Bros (men only) (S)  
**2:15 Music with Lori (WDR)**  
3:30 Fresh Bread Social (WDR)

**25**  
10:30 Balloon Bop (WDR)  
1:30 Garden Club (S)  
10:45 Rosary (CH)  
11:00 Mass (CH)  
**1:30 Culinary Club: Easy Energy Bars (S)**  
3:30 Rummikub (S)

**26**  
**9:30 Brunch Club: French Toast (please sign up)(S)**  
**2:30 Birthday Party with DJ Warkentin (WDR)**  
3:00 Scripture Reading (CH)  
3:30 Walking Club

**27**  
**9:00 Calendar Distribution**  
10:30 Doll Therapy (WDR)  
10:45 Rosary (CH)  
11:00 Mass (CH)  
**1:30 National Strawberry Day Social (WDR)**  
3:00 Social Hour (L)  
3:30 Independent Activity Rounds

**28**  
10:30 Coffee and News (S)  
2:00 Bingo (DR)  
  
Ramadan Begins



The calendar is subject to change. Please check the whiteboard for the most up to date information

WDR-East Dining Room DR-Dining Room S-Sunroom L-Lobby W-Walk through  
**Q**-Outing **Bold**- Special Event *Italic*- Special Vendor