| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | the state of the s | | *Time changes for Mass* ~10:15AM- Mass (chapel) 12:00PM- Lunch in Dining Room New Year's Day | 10:00AM- Exercise (aspen) 11:00AM- Active Drumming (box) ~11:00AM- Rosary (Chapel) 12:00PM- Lunch in Dining Room 1:30PM- Discussion: What's New in 2025? (aspen) | ~10:30AM – Mass (chapel) 12:00PM- Lunch in Dining Room 11:15AM- Exercise w/ Cory (aspen) 1:15PM- Bingo w/ Cory (boxwood dining room) | 12:00PM- Lunch in Dining Room 1:30PM- Act. On the go (box) Volunteer Programs Today (Subject to change) *2:00PM — Hand in Hand w/ God (library) |
| Interdenominational Newgate Church Service (Chapel) | 10:15AM- Montessori & Act. On the Go (box – dining room) 12:00PM- Lunch in Dining Room 3:00PM- Short stories (boxwood) ~3:15PM- Bible Study (library) | 11:15AM- Music Therapy (boxwood dining room) 12:00PM- Lunch in Dining Room 1:30PM- Hot Chocolate & January Trivia (boxwood | Staff First Aid Education 8 No programs for day ~10:30AM – Mass (chapel) 12:00PM- Lunch in Dining Room *Great Room Christmas clean up* | 10:00AM- Exercise (aspen) | 10 ~10:30AM – Mass (chapel) 12:00PM- Lunch in Dining Room 1:30PM- Bingo (boxwood dining room) 3:00PM- Music w/ Jeff (boxwood dining) | |
| ~10:30AM – Mass (chapel) | the Go (box – dining room) 12:00PM- Lunch in Dining Room 1:30PM- Wall Picture Updating (box) ~3:15PM- Bible Study (library) | Singer/Songwriter (chapel) ~11:00AM- Rosary (Library) 12:00PM- Lunch in Dining Room 1:30PM- Foods Program "Fresh Bread & Jams" (boxwood sunroom A) | (ashwood – 2 nd floor) 2:30PM- Active Games (box) | 10:00AM- Chair Yoga w/ Cory (aspen) 11:00AM- Active Drumming (box) ~11:00AM- Rosary (Chapel) 12:00PM- Lunch in Dining Room 1:30PM- Matching Puzzles (box) | 10:00AM- Morning Movement (box) ~10:30AM – Liturgy of the Word (chapel) 12:00PM- Lunch in Dining Room 1:30PM- Movie Matinee "Happy Gilmore" (library) | 12:00PM- Lunch in Dining Room 1:30PM- Act. On the go (box) 3:00PM- Eldar on piano (greatroom) Volunteer Programs Today (Subject to change) *2:00PM – Hand in Hand w/ God (library) |
| Interdenominational Newgate Church Service (Chapel) 12:00PM- Lunch in Dining Room | 10:15AM- Montessori & Act. On the Go (box – dining room) 12:00PM- Lunch in Dining Room 3:00PM- Men's Program "Wood Working #1 – Napkin Holders" (box) ~3:15PM- Bible Study (library) | ~11:00AM- Rosary (Chapel) 11:15AM- Music Therapy (boxwood dining room) 12:00PM- Lunch in Dining Room 1:30PM- Coffee & Categories (boxwood sunroom A) | *9:45AM- Chrysalis Volunteer22 Group (boxwood dining room) ~10:30AM — Mass (chapel) 12:00PM- Lunch in Dining Room 1:30PM- Music w/ Jeff (box) 3:00PM- Armchair Travel "Oxford England" (aspen) | 10:30AM- Memorial Service (chapel) 12:00PM- Lunch in Dining Room 2:00PM- Happy Hour (ashwood 2 nd floor) | 10:00AM- Morning Movement (box) ~10:30AM – Mass (chapel) 12:00PM- Lunch in Dining Room 2:00PM- Robbie Burns Day — Caledonian Society | 25 12:00PM- Lunch in Dining Room 1:30PM- Act. On the go (box) Volunteer Programs Today (Subject to change) *2:00PM – Hand in Hand w/ God (library) |
| Activity Professionals Week 26 | Martin Luther King Jr. Day | | *9:45AM- Chrysalis Volunteer29 | 10:15AM- Sensory (box) 30 | | |
| ~10:30AM — Mass (chapel) 12:00PM- Lunch in Dining Room Australia Day (Observed) | 10:15AM- Montessori & Act. On the Go (box – dining room) 12:00PM- Lunch in Dining Room 1:30PM- Valentines Decore Crafts (box) ~3:15PM- Bible Study (library) | Staff First Aid Education No Programs for Day ~11:00AM- Rosary (Chapel) 12:00PM- Lunch in Dining Room | Group (boxwood dining room) ~10:30AM — Mass (chapel) 12:00PM- Lunch in Dining Room 2:00PM- Birthday Party w/ Jerry Proppe (ashwood 2 nd floor) Chinese New Year (Year of the Snake) | (aspen) 11:00AM- Active Drumming (box) ~11:00AM- Rosary (Chapel) 12:00PM- Lunch in Dining Room 1:30PM- Reminiscing Music Eras (box) | 10:00AM- Morning Movement (box) ~10:30AM – Mass (chapel) 12:00PM- Lunch in Dining Room 1:30PM- Bingo (boxwood dining room) 3:00PM- Music w/ Jeff (boxwood dining) | 9n this style 10/6 |

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
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| | - | | | 1 | 2 | 3 | 4 | | |
| | Jani | lary | 2025 | *Time change for Mass* ~10:15AM- Mass (chapel) | 10:00AM- Exercise (aspen) ~11:00AM- Rosary (Chapel) | 11:15AM- Exercise w/ Cory (aspen) | 3:00PM- Spelling Bee (aspen) | | |
| or come framework | | od 3 rd floor – Support | | | 3:00PM- Discussion: What's New in 2025? (aspen) | 1:30PM- Bingo (ashwood- 2 nd floor) | Volunteer Programs Today (Subject to change) *2:00PM – Hand in Hand w/ God (library) | | |
| - | 5 6 7 | | | New Year's Day | 0 | 10 | 11 | | |
| - 1 | ~10:30AM – Interdenominational Newgate Church Service (Chapel) | *10:00AM- Exercise w/ Chris (aspen) | 10:00AM- Exercise (aspen) ~11:00AM- Rosary (Chapel) | Staff First Aid Education No programs for day | 10:00AM- Exercise (aspen) ~11:00AM- Rosary (Chapel) | 10:00AM- Christmas Decoration Clean-up (aspen) ~10:30AM – Mass (chapel) | 3:00PM- Music Program w/ Jeff (aspen) | | |
| | | 1:30PM- January Trivia (aspen) ~3:15PM- Bible Study (library) | 3:00PM- Music Program w/ Jeff (aspen) | ~10:30AM – Mass (chapel) | 2:00PM- Happy Hour w/ Roli Mack (ashwood 2 nd floor) | | Volunteer Programs Today (Subject to change) *2:00PM – Hand in Hand w/ God (library) | | |
| | 12 | 13 | 14 | 45 | 46 | 47 | 40 | | |
| | ~10:30AM – Mass (chapel) | | 10:30AM- Health Arts Singer/Songwriter (chapel) ~11:00AM- Rosary (Library) | 15 10:00AM- Nail Painting (aspen) ~10:30AM – Liturgy of the Word (chapel) 11:15AM- Exercise (aspen) 12:00PM- Luncheon "KFC" | 10:00AM- Chair Yoga w/ Cory | ~10:30AM – Liturgy of the Word (chapel) | 3:00PM- Eldar on Piano (greatroom) | | |
| | | | 3:00PM- Music Program w/ Jeff (aspen) | (sign up) 2:00PM- Resident Council (ashwood – 2 nd floor) | 3:00PM- Foods Program "Nuts & Bolts Making" (aspen) | 1:30PM- Movie Matinee | Volunteer Programs Today (Subject to change) *2:00PM – Hand in Hand w/ God (library) | | |
| | ~10:30AM – Interdenominational Newgate | *10:00AM- Exercise w/ Chris | 21 10:00AM- Exercise (aspen) | 22 10:00AM- 1-1 Visits (aspen) ~10:30AM – Mass (chapel) | | | | | |
| | - · · · · · · · · · · · · · · · · · · · | (aspen) | ~11:00AM- Rosary (Chapel) | 11:15AM- Exercise (aspen) | (chapel) | ~10:30AM – Mass (chapel) 11:15AM- Exercise (aspen) | 3:00PM- Jeopardy (aspen) | | |
| | | 1:30PM- Word Games (aspen) ~3:15PM- Bible Study (library) | 3:00PM- Music Program w/ Jeff (aspen) | 3:00PM- Armchair Travel "Oxford England" (aspen) | ~11:00AM- Rosary (Chapel) 2:00PM- Happy Hour (ashwood 2 nd floor) | 2:00PM- Robbie Burns Day – Caledonian Society | Volunteer Programs Today (Subject to change) *2:00PM – Hand in Hand w/ God (library) | | |
| | Activity Professionals Week | Martin Luther King Jr. Day | | | | | | | |
| | 26 ~10:30AM – Mass (chapel) | *10:00AM- Exercise w/ Chris (aspen) | 28 Staff First Aid Education No programs for day | 29 10:00AM- Nail Painting (aspen) ~10:30AM – Mass (chapel) 11:15AM- Exercise (aspen) | 10:00AM- Chair Yoga w/ Cory (aspen) ~11:00AM- Rosary (Chapel) | ~10:30AM – Mass (chapel) 11:15AM- Exercise (aspen) | | | |
| | | 3:00PM- Valentines Craft "Door Decore" (aspen) ~3:15PM- Bible Study (library) | ~11:00AM- Rosary (Chapel) | 2:00PM- Birthday Party w/ Jerry Proppe (ashwood 2 nd floor) | 3:00PM- Music Program w/ Jeff (aspen) | 1:30PM- Bingo (ashwood- 2 nd floor) | | | |
| 7 | Australia Day (Observed) | iving Postostion Therenia | t anadyusk@fatharlagareh | Chinese New Year (Year of the Snake) | *\ / - 1. | Intoor Drograms Destar | ol Covo Duo sussess | | |
| | Cory Nadyuk Supportive Living Recreation Therapist – cnadyuk@fatherlacombe.ca . *Volunteer Programs ~Pastoral Care Programs | | | | | | | | |